



**Don't Miss Out!**

**Get your Blood  
Glucose  
Checked for  
Free!!**

**Thursday  
May 3rd**

**Hours:  
8:30-10:00 a.m.**

**Call for  
appointment:  
(650) 368-7732**



**Healthy Snack Provided**

# GLUCOSE TESTING

# Free

**Location: Adaptive Physical Education Room**  
Veterans Memorial Senior Center  
Community Wellness Building  
711 Nevada Street  
Redwood City, CA 94061

**FREE** on-going quarterly blood glucose testing available in your community, sponsored by Sequoia Hospital Health and Wellness Center