



Don't Miss Out!

**Get your Blood
Glucose
Checked for
Free!!**

**Fasting
Recommended**

**Thursday
November 8th**

**Hours:
8:30-10:00 a.m.**

**Call for
appointment:
(650) 368-7732**

GLUCOSE TESTING

Free

Location: Adaptive Physical Education Room
Veterans Memorial Senior Center
Community Wellness Building
711 Nevada Street
Redwood City, CA 94061



Healthy Snack Provided

FREE on-going quarterly blood glucose testing available in your community, sponsored by Sequoia Hospital Health and Wellness Center