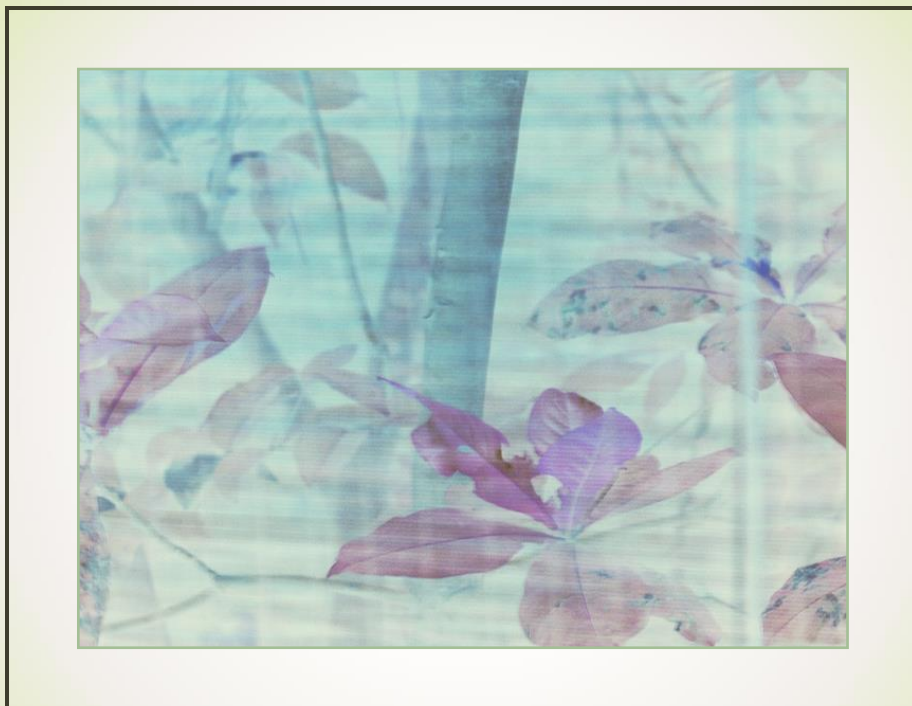


# YOGA FOR PARKINSON'S

2 ONGOING TUESDAY CLASSES



**10-11 AM- INCLUDES BOTH FLOOR AND STANDING POSES-  
WELLNESS BUILDING- GAME ROOM- \$80/8 CLASSES**

\* \* \*

**11-12 AM- CHAIR ONLY (WHEELCHAIRS ARE WELCOME)-  
SENIOR CENTER BUILDING- GOLDSTAR ROOM- \$48/8 CLASSES**

1455 MADISON AVENUE, REDWOOD CITY,  
VETERANS MEMORIAL SENIOR CENTER-  
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